

PATIENT CONFIDENTIAL MEDICAL HISTORY

NAME _____ TODAY'S DATE _____ WT: _____ HT: _____

WHY DO YOU NEED TO SEE THE DOCTOR? _____

DATE YOUR PROBLEM BEGAN _____ HOW DID IT START? (gradual)(sudden) (accident)

GIVE DETAILS _____

LOCATION IF ACCIDENT _____

NAME PROVIDERS YOU HAVE SEEN ABOUT YOUR PROBLEM _____

LIST ANY TREATMENT TO DATE _____

WHEN ARE YOUR SYMPTOMS? (night)(morning)(afternoon)(evening)(work)(sports)

HOW SEVERE (mild) (moderate) (severe)

PAST LIFETIME MEDICAL HISTORY OF PATIENT

DIABETES: How long? _____

CANCER: Site _____ When discovered? _____

HEART ATTACK: When _____

STROKE: When _____

COPD/Emphysema: Oxygen at home? _____

BIPOLAR DEPRESSION

KIDNEY FAILURE: are you on dialysis? _____

SLEEP APNEA: Do you use C-PAP? _____

LIST ANY DETAILS OF ABOVE:

MEDICATIONS & DOSES: (INCLUDE ALL MEDICATIONS THAT YOU HAVE TAKEN IN PAST 3 MONTHS OF ANY SORT INCLUDE VITAMES AND OVER THE COUNTER MEDICATIONS AND ANY NERVE MEDICATIONS OR FOR PAIN)

LIST ANY DRUG ALLERGY OR REACTIONS _____

LIST ANY SURGERY YOU HAVE HAD IN YOUR ENTIRE LIFE TO ANY PART OF YOUR BODY. IF ABLE, INDICATE WHEN IT WAS DONE

HAVE YOU APPLIED OR ARE CONSIDERING APPLYING FOR (SOCIAL SECURITY DISABILITY) (WORKER'S COMPENSATION) (LAW SUIT) DETAILS _____

REVIEW OF BODY SYSTEMS – past 6 months – check at least “No problem”

Constitutional

- No problem
- Major illness recently
- Fevers
- Weight loss
- Weight gain
- Night sweats

Neurological

- No problem
- Numbness: where _____
- Muscle Weakness
- Ever a seizure
- Dizziness
- Poor Balance or falls
- Stroke or TIA
- Other _____

Eyes

- No Problem
- Poor vision
- Wear glasses/contacts
- Glaucoma
- Cataracts
- Had surgery

Ears/Nose/Throat/Mouth

- No problem
- Hearing Loss
- Dentures
- Decayed teeth
- Vertigo
- Sore throat

Cardiovascular

- No problem
- Chest pain
- Heart attack
- Heart stint
- Leg or aorta stints

- Poor circulation
- Heart Palpitations (skip beat)
- High blood pressure
- Heart valve or muscle disease
- Short of breath on stairs
- Swelling ankles/feet
- Blood clot: Where _____

Respiratory

- No problem
- Wheezing/Asthma
- Recent cold/flu
- Coughing up blood

Gastrointestinal

- No problem
- Heartburn or reflux
- Stomach ulcer
- Black/blood stools
- Liver disease/Hepatitis
- Other _____

Genitourinary

- No problem
- Painful urination
- Urgency to Urinate
- Blood in urine
- Poor urine flow
- Frequent infections
- Kidney disease
- Pregnant
- Last Menstrual period _____

Musculoskeletal

- None but present illness
- Fractures
- Joint pain/swelling
- Gout
- Arthritis: type _____
- Fibromyalgia

- Other arm/leg pain other than Present illness: Location _____

Skin

- No problem
- Psoriasis
- Rashes
- Skin sores slow to heal

Hematological

- No problems
- Low blood/anemia
- Lymph nodes
- Bleed/bruise easily
- Had transfusions

Psychiatric

- None known
- Depression
- Anxiety
- Attention deficit or hyperactivity disorder

Allergy/Immunologic

- No problem
- Poor healing wounds
- Persistent infection
- Exposure to HIV or Hepatitis

Endocrine

- No problem
- Thyroid disease
- Diabetes
- On Insulin? _____
- Latest A1c _____

Any other health issues?

SOCIAL HISTORY

SMOKE? (YES) (NO) (FORMERLY) _____ PACKS PER DAY _____ (SNUFF) (CIGARS) (PATCHES)

ALCOHOL (NEVER) (SOCIAL) (WEEKENDS) (DAILY) _____ EVER HAD ADDICTION TREATMENT? (YES) (NO) WHEN _____

DO YOU LIVE ALONE? (YES) (LIST OTHERS) _____

YOUR CHILDREN’S AGES _____

HOBBIES OR SPORTS _____ ARE YOU ON A SPORTS TEAM? _____

FAMILY HISTORY

LIST ILLNESSES IN YOUR FAMILY _____

MOTHER’S ILLNESSES (ALIVE) (DECEASED) _____

FATHER’S ILLNESSES (ALIVE) (DECEASED) _____

LIST ANY ANESTHESIA COMPLICATIONS IN YOUR FAMILY _____

LIST ANY BLEEDING DISORDERS IN YOUR FAMILY _____